



Jeffrey George Frost

December 10, 1960 - April 7, 2015

Jeffrey George Frost was born on December 10, 1960 To Jack and Carolyn Frost in Fort Monmouth, New Jersey. On July 31, 1982, he and Tamara Stuit were married. Together they had two sons, Jeffrey and Jacob.

Jeffrey spent many years coaching Baseball and Basketball in local youth sports and acted as Mountain View Elementary PTO president and volunteer. He loved music of all kinds, Classic Rock in particular, and had an immense knowledge of music facts and trivia. Jeffrey worked at Sensorlink as an Electrical Engineer. Survivors include his sons, Jeffrey and Jacob; wife, Tamara; brother, Jack; sisters, Jill and Janet; numerous nieces, nephews, in-laws, a few outlaws, and a whole bunch of Ferndale area athletes. He was predeceased by his parents Jack and Carolyn Frost. Memorial Contributions in Jeff's name to: Ferndale Boys and Girls Club Athletics programs Attn: Abe, 2015 Cherry St., Ferndale, WA 98248

Tribute Wall

LA

“ Our deepest condolences go out to Tammy, Jeff, & Jake. Our family was blessed to know Jeff & family when he coached our son Adam in grade school & beyond. Jeff’s positive impact on our son & others he coached will live on forever when thoughts of youthfull days playing sports comes to any of their minds. Jeff was truly an amazing man with endless energy that enabled him to work, coach, run a farm, & be the family man that he was. Family was Jeff’s drive, and his involvement with both boys went well beyond the ball fields. Jeff and Tammy created a solid foundation for them both, with endless love and support that will carry them to success in whatever they do. Jeff began as a Coach helping our son learn basketball, & over the years our relationship evolved into much more. Jeff began as a Coach helping our son learn basketball, & over the years our relationship evolved into much more. Jeff Frost was a true friend that was respected & loved deeply by us. He was a good person that left a big impact on many lives in the short time he was alive. He will never be forgotten. Frosty, we love you man. RIP

Loren and Tara Adkins - April 07, 2015 at 12:00 AM

GD

“ Dear Tami, Jeff and Jacob, I was greatly shocked and deeply saddened to receive the news that Jeff had passed away! I had no idea until tonight, April 14. He was a great person, fun to be around and gave of his time generously to those in need, especially at school and through sports. He was an amazing volunteer at Mountain View and active in the PTO, as an officer and a friend. He will be greatly missed!
I am so sorry to hear of your family’s loss and want to extend my love and prayers to you all. If there is anything I can do for you, please let me know. He will be greatly missed.
Georgia

Georgia Dellinger - April 07, 2015 at 12:00 AM

KW

“ I’m so sad to hear about Jeff! My thoughts are with all of you, and especially the boys. It is awfully hard to lose a parent this young. So, so sorry for the loss. I won’t be able to make the service on Sunday, but will be thinking of you.

Kathie Wilson - April 07, 2015 at 12:00 AM

HN

“ To Jeff’s family thoughts and prayers are with you at this time. Jeff was a great man and a pleasure to be around and work with.
Heidi Noble

Heidi noble - April 07, 2015 at 12:00 AM