



## Alyson Merle Sheffield

May 20, 1967 - November 23, 2013

San Jose, California

Alyson (Aly) was born in San Jose, CA and graduated from Prospect High School in Saratoga, CA. She enjoyed an active childhood as a competitive swimmer specializing in the butterfly stroke and won many competitions with the Lynbrook Tantau Aquatic Club. She was also active in the Santa Clara County Girl Scouts, and weekends often were filled with competitions, Girl Scout events, and camping trips in the family RV. She moved to Sonora, CA with father Glenn and step-mother Jean to attend community college before moving back to San Jose, where she met husband Randy Sheffield, and where daughter Rachael was born. After the birth of their oldest daughter, Alyson and Randy moved to Bellingham, WA to build a stable home life for their growing family. Primarily working in medical insurance, Aly had a successful career as an analyst, concluding her career with Molina Healthcare.

As a caring and nurturing mother, she always put her daughters first and was very encouraging of their interests in school, sports, music, church, and youth clubs. She will be remembered for her sense of humor, love of classic rock and roll music, and dancing in the living room with her friends and family.

Alyson is survived by her children Rachael and Kathryn Sheffield; longtime

partner John Harriman; brother Clark Peters (Karen); stepmother Jean Peters; mother-in-law Joan Urich; former husband Randy Sheffield; sisters-in-law Susan Peters, Judy Urich, and Sandra Sheffield; brother-in-law Mark Urich; five nieces and one nephew. She will be missed by all who knew her.

#### Farewell Tribute Information

Friends and family are invited to celebrate Alysons life on Saturday, December 7th at 2pm at Bellingham Covenant Church, 1530 E. Bakerview Road.

#### Donations Information

In lieu of flowers, a memorial account has been set up to help cover the ongoing needs of Aly's youngest daughter. If you would like to donate, your check should be made out to "Memorial Fund of Alyson Peters Sheffield" and mailed to Whidbey Island Bank, 265 York Street, Bellingham, WA 98225.

# Tribute Wall

RS

“ My mother was by far the most amazing woman in the world. No matter where we were or what we were doing she always made the best of it for my sister and I. There were times in our lives where we didn't have a lot of money but my mom always made sure we had everything we could ever ask for. I remember her buying Katy and I a box full of crayons and marker and then a huge roll of paper. It kept us entertained for hours. Singing and dancing in the living room to oldies music is my fondest memory with my mom. I loved listening to her talk about her childhood and growing up. She was a remarkable woman and I will always have great respect for her and the things she did for others. She was an amazing mother and raised me and my sister to be strong and independent. I hope that one day I can be as amazing as she was. She was the best mom and the best friend anyone could ever ask for. I love her and will miss her dearly. I am excited for the day I get to see her again.

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**Rachael Sheffield** - November 23, 2013 at 12:00 AM

KP

“ My memories of Aly fill my hart. From our first meeting when her bother Clark introduced me to the family she welcomed me. Her graduation from high school, Halloween parties and other Holiday celebrations. She stood next to me as I married Clark We witnessed each others births of our first children. She was a sister to me. She was a strong and delightfully funny woman. My favorite time spent with Aly are when we just sat and talked. She loves her girls Rachel and Katy to no end. She will be missed because she was loved.

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**Karen Peters** - November 23, 2013 at 12:00 AM

MH

“ *I am so sorry to hear of Alyson’s passing.  
Alyson and I were classmates at Prospect High and coworkers at  
my first job, Yardage Fair.  
I remember closing the store with Alyson dancing gleefully while we  
cleaned and closed out the registers.  
I enjoyed knowing Alyson and my thoughts and prayers are with you  
all.*

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**Michelle Hutchinson** - November 23, 2013 at 12:00 AM